



BEYOND THE TEMPER TANTRUM: Effective and Engaging Parenting

**A workshop over 3 sessions for parents of
preschool & primary aged children**

Clare Rowe, Educational and Developmental Psychologist and director of Sydney South Child Psychology is a behavioural expert in children and parenting issues. She has specifically designed this 3-session to assist parents navigate the minefield of parenting in the 21st century. This course will assist you in parenting with confidence, less stress and greater communication skills between all family members.

The three sessions will cover basic principles and techniques of managing your child's behaviour, and include resources, fact sheets and refreshments.

Places are strictly limited and fill fast. Reserve your spot today.

- ★ When is a behaviour a concern?
- ★ How do I manage difficult behaviour? What works?
- ★ What is the hype of positive parenting about?
- ★ How do I deal with sibling fighting? Whining? Bedtime resistance? Aggression? Defiance?

Dates: 15, 22, 29th May

Time: 6:45pm - 8pm

Cost: \$99 per person or
\$150 per couple*
(for three sessions)

Venue: 245 Rocky Point Rd,
Ramsgate 2217

To Book:

Ph 9529 6359 or email
info@sydneychildpsychology.com

**Payment required at time of booking*

**A 'couple' are the parents of the same child.*